



# Restorative Aide Training

**March 29-31, 2017 or September 6-8, 2017**

**8:30 a.m. - 4:30 p.m.**

**Members \$600, Non-Members \$3,000**

**Lunch Included**

Arkansas Health Care Foundation (AHCF) offers a 24 clock hour class over the course of 3 days to provide the necessary training and certification for individuals seeking to become a Certified Restorative Nursing Aide in a long term care facility. The course will include two and one half days of classroom instruction followed by one half day of return skill demonstration.

Restorative Nursing Aides are responsible for carrying out nursing interventions that promote the resident's ability to adapt and adjust to living as independently and safely as possible. Restorative Nursing Programs are designed by a licensed nurse with input from the interdisciplinary team and include modalities and treatments in accordance with the comprehensive and individualized care plan. Compliance with the restorative program includes planning of modalities for both individuals and groups, implementation of the restorative care, detailed documentation and monitoring the response to the programs.

Instructors will cover content that includes principles of physical, occupational and speech therapy, and be taught a step by step process that can be used to provide restorative nursing care as well as the medical record documentation necessary. The certification course focuses on developing caring and passionate professionals that are able to address range-of motion and mobility issues that directly impact the resident's care and quality of life.

**For more information, please contact  
Lori Kindy, Director of Education,  
501-374-4422, lkindy@arhealthcare.com**

## **Who should attend?**

Experienced Certified Nursing Assistants (CNAs) interested in becoming a Certified Restorative Nurse Aide and developing a more comprehensive, structured, and quality Restorative Nursing Program in the Long Term Care environment.

## **Course Requirements:**

- CNA in good standing with OLTC with at least 6 months experience working as a CNA in long term care
- At least 18 years old
- Pay full tuition
- Attend all scheduled classes
- Receive Passing score
  - Written exam
  - Return skills demonstration exam

## **Primary Instructor:**

Rita Pedigo, BA, MS

## **Course Objectives Include:**

- Demonstrate knowledge and skills gained from written, audio, visual, and demonstration presentations by instructors to become a Certified Restorative Nurse Aide
- Identify how an effective Restorative Nursing Program affects Quality of Care and Quality of Life for residents in Long Term Care
- Verbalize understanding of the elements to a quality Restorative Nursing Program
- Identify areas to improve upon or expand upon in the facility's current Restorative Nursing Program
- Demonstrate common Restorative Nursing Care modalities through skills demonstration