

COMPASSIONATE CARE OF OUR ELDERS

Dusty Linn, MSW, LCSW, CDP, CVW, PAC Instructor

Social/Activity Consultant

Compassionate Care of our Elders

- Cultural Differences
- Ability Differences
- Developing Ramps
- Compassionate Care

Cultural Differences

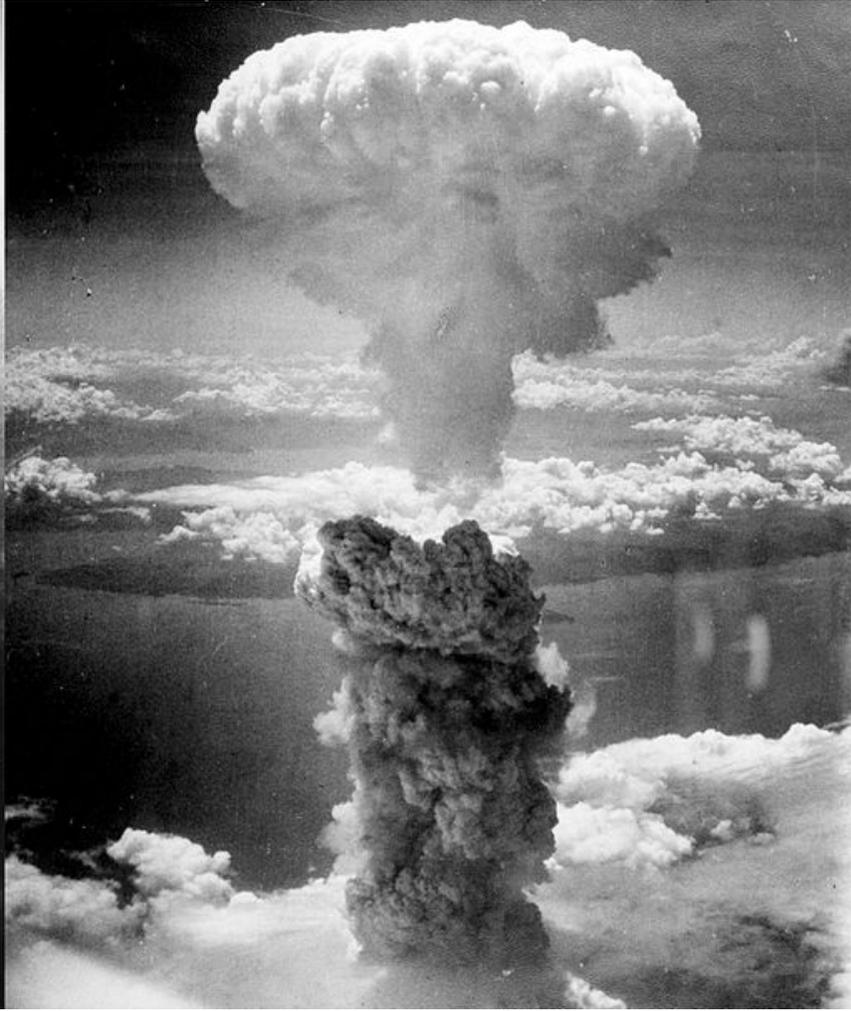
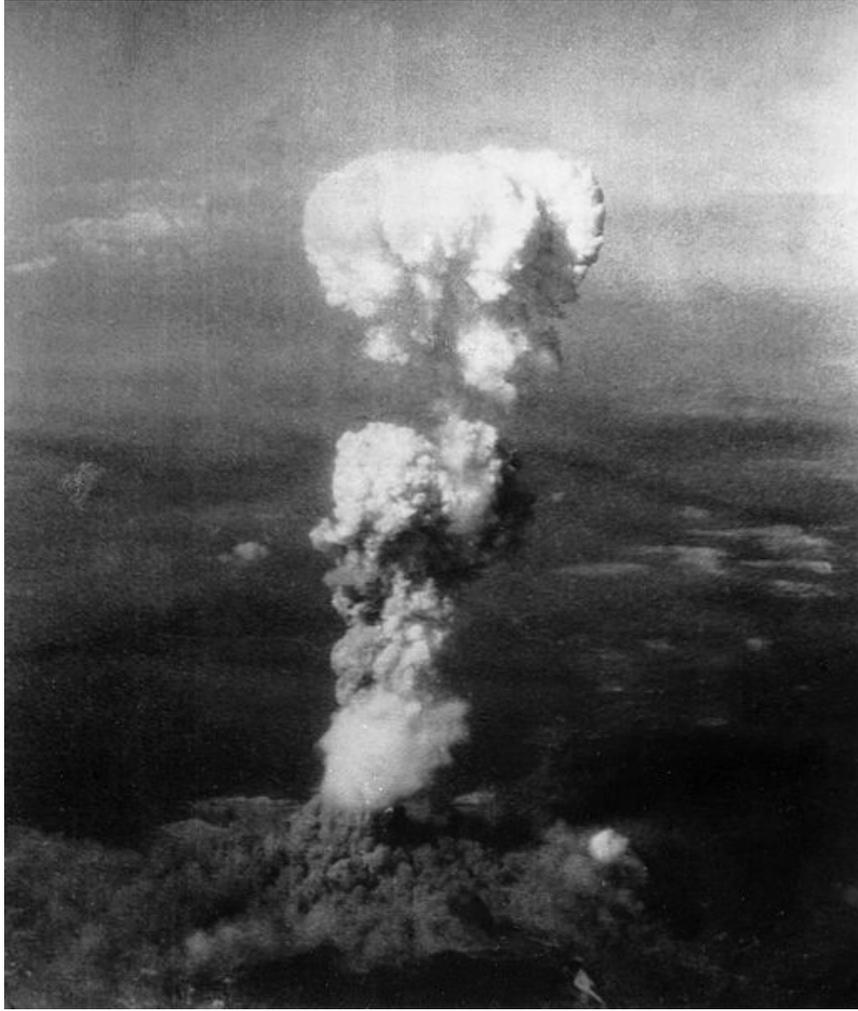
- What life events politically have defined you?
- What life events politically have defined your residents and how they view the world?

Cultural Differences

- Name that Face Game
 - One Point for proper Identification
 - One Point for a Fact about the person





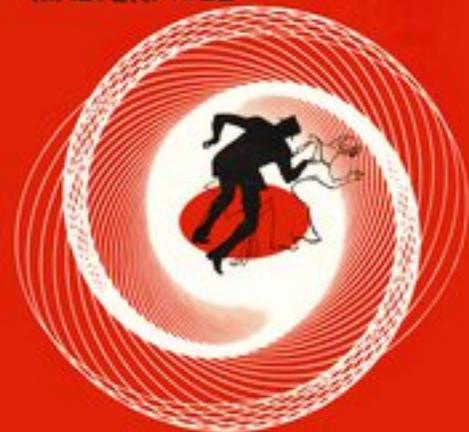


Cultural Differences

- What's your favorite movie?
- What's your favorite TV show?
- As a teenager and young adult what were your resident's favorite movies and TV shows?
- Tell me about the movie
 - 1 point for information about the plot
 - 1 point for each character name
 - 1 point for each celebrity name

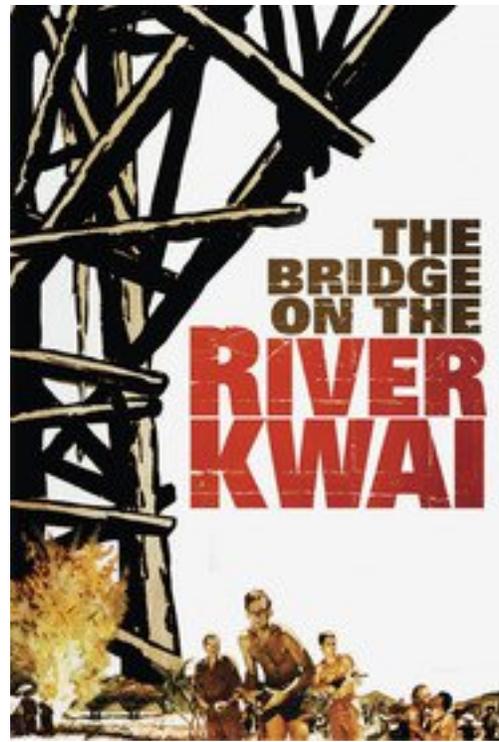


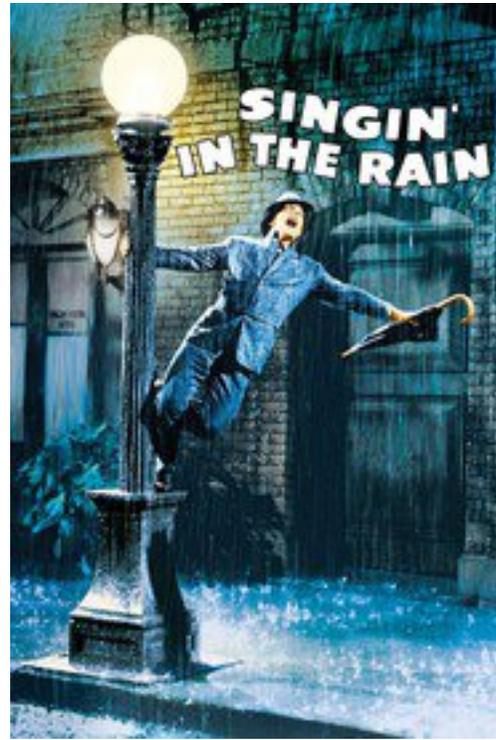
JAMES STEWART
KIM NOVAK
IN ALFRED HITCHCOCK'S
MASTERPIECE



'VERTIGO'

DISPONIBILE SU DVD, BLU-RAY, DVD, VIDEO, 4K UHD, DVD, VIDEO, 4K UHD, DVD, VIDEO, 4K UHD









Cultural Differences

- **American Attitudes Toward the Elderly**

The Youth Culture. Present-day American attitudes about the elderly have been reinforced by a century's worth of media, particularly movies and television. From the 1950's onward, a great culture of youth, fed by teen heroes like James Dean and his successors over the decades, emerged and strengthened. Old people were left out of the picture. The period after World War Two also saw great mobility in America, which led to the break-up of large extended families. The old person was no longer seen as a useful member of a family team, but rather as a drain on the family's resources.

- **The Shrinking Family.** Older people had previously depended on their families, hence on younger people, for support in their "declining years," but suddenly that support was gone. Older people suffered as a result. Government programs could provide money at best, and never enough of it, hardly a substitute for a caring, loving family. Living past seventy became, for many, a rather bleak prospect, a time of loneliness, poverty and illness.

Cultural Differences

- Critics of advertising have suggested that in television commercials in the United States, elderly people are most often portrayed using negative stereotypes. That is, they are shown as 'half-dead codgers, meddling biddies, grandfatherly authority figures or nostalgic endorsers of products that claim to be just as high-quality as they were in the good old days' (Abrams 1981, p. 27), and that too many commercials use stereotypes of the elderly, depicting them as 'feeble, foolish or inept, passing their time aimlessly in rocking chairs' (Goldman 1993, p. B4). Social psychologists suggest that such advertising reinforces these stereotypes, and thus dehumanises interpersonal relations and aggravates ageism (Pollay 1986; Palmore 1990). Some experts suggest that this negative stereotyping can damage the self-concepts of the elderly, and disrupt the socialisation of young people with respect to the elderly (Smith et al. 1984; Palmore 1990). The latter effects are particularly noticeable when television becomes children's primary source of contact with information about the elderly (Davis & Davis 1985).

Cultural Differences – Traits of Millennials

- Immersed in technology
 - Activity opportunities
- Higher Education is important to many
 - Opportunities to further themselves
- Civically minded
 - Less of an individual focus
 - Can be viewed as entitled
 - Healthy outlets to make a difference for many people
- Liberal and Progressive
 - Challenge them to see through others eyes

Cultural Differences – Traits of Millennials

- Confident and “Specialness”
 - What happens when the real world slaps them down?
 - Do we laugh or come along beside them?
- Practical & Result Oriented
 - Angry when they feel they are wasting their time
 - Need personal investment
 - Involve them in system decision making
- Team Oriented
 - Do they feel a part?

Cultural Differences – Traits of Millennials

- Multi-taskers
 - Be upfront about your expectations and establishing both daily and weekly goals. If your Millennial employees have deadlines to meet, you'll be less likely to find them playing on their phones
- Instant Gratification & Recognition
 - Recognize their accomplishments publicly

Cultural Differences

- What are your first impressions of this person?



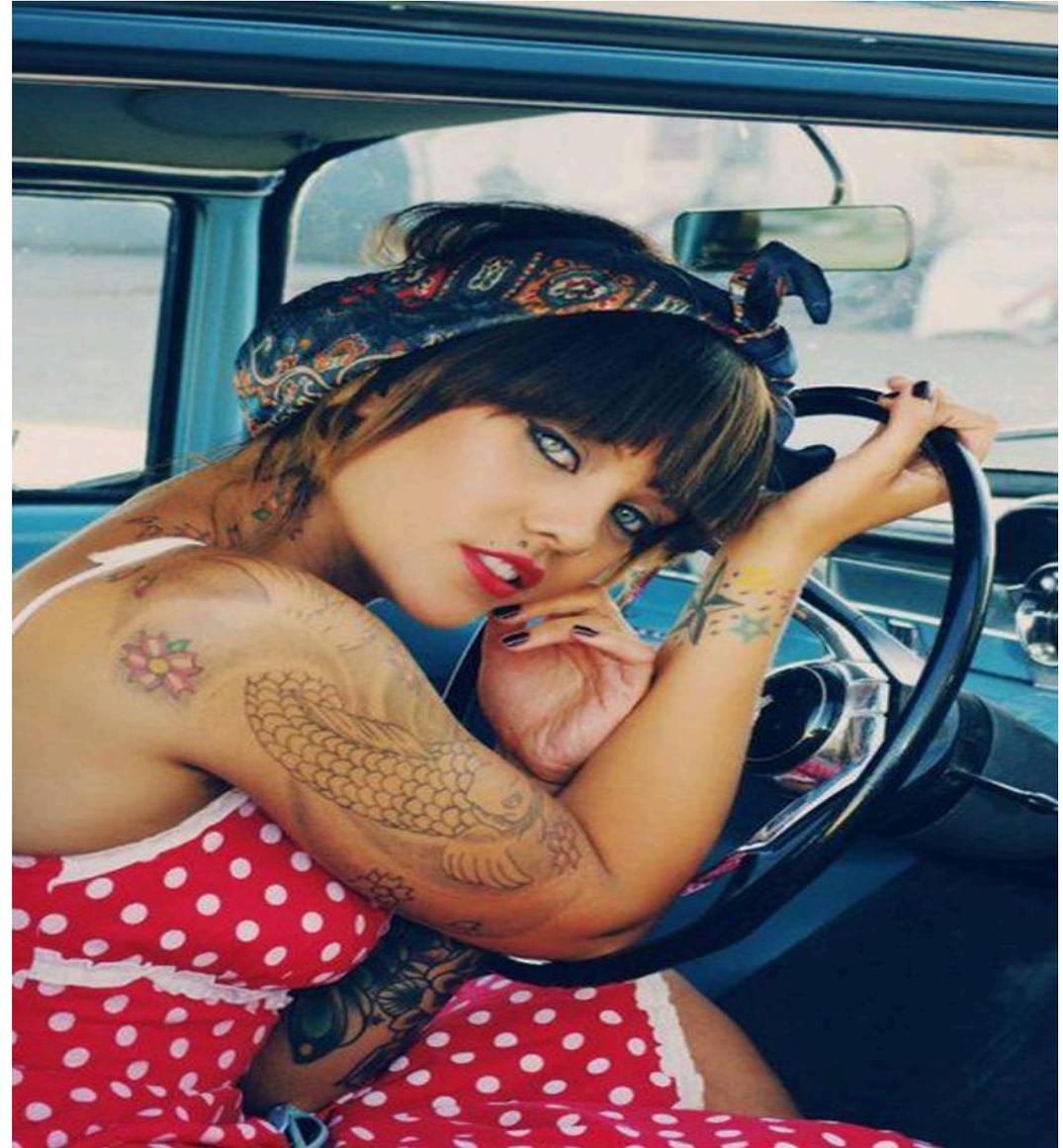
Cultural Differences



Cultural Differences



Cultural Differences



Cultural Differences



Ability Differences

- Interactive In-Service
 - Assign disability
 - Give a Task to Complete
 - Process the emotion experienced

Developing Ramps

- American with Disabilities Act
- Cognitive “Ramps”
 - Dr. Al Power
- Evaluate your skill level
- Evaluate your knowledge of your residents
- Evaluate your education and training
- Evaluate your environment
- Are we developing “ramps”?

Compassionate Care

- Sympathy
- Kindness
- Concern
- Consideration

Compassionate Care

- Who decides if we are successful in providing compassionate care?
- How will you know when you have?
- How is this type of success measured?
- This is the essence of Quality of Life and the bonus is Quality of Care

Compassionate Care

- Consistent Assignment
- Can you properly care for someone you don't know?
- Communication about residents outside of physical needs
- Do we understand that these are people with full life experiences
- Have we in leadership emphasized the individuality of our residents or do we set up systems that are task oriented and expect our staff to do that?
 - "Get up" list
 - Shower schedules
 - Meal schedules