

LEARNING OBJECTIVES

- Restate the definition of Quality Measure
- Identify which Minimum Data Set (MDS) coding item(s) are used for each Quality Measure
- Describe & explain which Quality Measure impact a facility's Five-Star Quality Rating
- Recognize best practices in managing Quality Measures

BKD National Health Care Group **BKD**

“ ”

Quality measures are tools that help us measure or quantify healthcare processes, outcomes, patient perceptions, and organizational structure and/or systems that are associated with the ability to provide high-quality health care and/or that relate to one or more quality goals for health care.

Quality Measures - Centers for Medicare & Medicaid Services
February 14, 2016

BKD National Health Care Group **BKD**

FOUR INTENDED PURPOSES OF QUALITY MEASURES

Provide information

1. To consumers about quality of care at nursing homes to help in choosing a home
2. To current residents & families about care where they live
3. To nursing homes to facilitate discussion regarding quality of care
4. To nursing homes to help them in their quality improvement efforts

BKD National Health Care Group **BKD**

SNF QUALITY REPORTING

- IMPACT Act of 2014
- Standardized data
- Beginning October 1, 2018, for SNFs
- Required at admission & discharge
- Domains
 - Skin integrity & changes
 - Incidence of falls with major injury
 - Functional status

BKD National Health Care Group **BKD**

QUALITY MEASURES WHERE & WHO

Nursing Home Compare	<ul style="list-style-type: none">• Nursing home• Potential residents
CASPER Reporting	<ul style="list-style-type: none">• Surveyors• CMS

BKD National Health Care Group **BKD**


CURRENT QUALITY MEASURES

- Chosen because they can be measured
- Do not require additional input from facilities
- Are valid & reliable
- Are not benchmarks, thresholds, guidelines or standards of care
- Based on care provided to population of residents in a facility, not any individual resident
- Not appropriate for use in litigation

BKD National Health Care Group **BKD**

QUALITY MEASURES

- Uses data from MDS & Medicare claims
- Five-Star Quality Rating System
 - 16 out of 24 Quality Measures posted on NHC site
 - Seven short-stay & nine long-stay
- Quality Measures provide information on quality of care in specific resident areas that are important to future residents & families
- Look at data recorded & type of MDS assessment to calculate Quality Measures



BKD
National Health Care Group

Quality Measure Label	Short / Long Stay	CASPER	TIC	Five Star
MDS-Based Short-Stay Measures				
Self-report moderate/severe pain	Short	Yes	Yes	Yes
Pressure ulcer new or worsened	Short	Yes	Yes	Yes
Assessed & given seasonal flu vaccine	Short	No	Yes	No
Assessed & given pneumo vaccine	Short/Long	No	No	No
Didn't receive flu vaccine due to contraindication	Short/Long	No	No	No
Assessed & given pneumo vaccine	Short	No	Yes	No
Assessed & given pneumo vaccine	Short/Long	No	No	No
Didn't receive pneumo vaccine due to contraindication	Short/Long	No	No	No
Received functional rehab to discharge - NEW	Short	Yes	Yes	Yes
Improved function admit to discharge - NEW	Short	No	Yes	Yes

BKD
National Health Care Group

Quality Measure Label	Short / Long Stay	CASPER	TIC	Five Star
Claims-Based Short-Stay Measures				
Re-hospitalized after 90 admission - NEW	Short	No	Yes	Yes
Residents who had outpatient ED visit - NEW	Short	No	Yes	Yes
Residents successfully discharge to community - NEW	Short	No	Yes	Yes
MDS-Based Long-Stay Measures				
One or more fall with major injury	Long	Yes	Yes	Yes
Self-report moderate/severe pain	Long	Yes	Yes	Yes
High-risk resident with pressure ulcer	Long	Yes	Yes	Yes
Assessed & given seasonal flu vaccine	Long	No	Yes	No
Assessed & given pneumo vaccine	Long	No	Yes	No
Residents with UTI	Long	Yes	Yes	Yes
Low-risk loss of control of bowel or bladder	Long	Yes	Yes	No
Ability to move independently unassisted - NEW	Long	No	Yes	Yes

BKD
National Health Care Group

Quality Measure Label	Short / Long Stay	CASPER	HHC	Five Star
Have had catheter inserted & left in bladder	Long	Yes	Yes	Yes
Physically restrained	Long	Yes	Yes	Yes
ADL need increased	Long	Yes	Yes	Yes
Excessive weight loss	Long	Yes	Yes	No
Have depressive symptoms	Long	Yes	Yes	No
Required on antipsychotic medication	Long	Yes	Yes	Yes
Articulate/Physically sane	Long	Yes	Yes - NEW	No
Behavior symptoms affecting others	Long	Yes	No	No
Prevalence falls	Long	Yes	No	No
Resources from --	Quality Measure Manual April 2016	CASPER Provider Manual Updated April 2016	Nursing Home Compare Updated July 2016	Five-Star Manual Updated January 2017

DEFINITIONS

Short-Stay


Long-Stay

Target Assessment

Look-Back Scan

SHORT-STAY (NURSING HOME COMPARE)

- Cumulative days in facility less than or equal to 100 days at end of target period = CDIF




Definitions continued

- **Episode** = consists of more than one stay separated by periods of time outside the facility, only the days within the facility count toward CDIF
- **Target Period** = the span of time that defines the Quality measure reporting period (e.g., a calendar quarter)
- **Stay** = The period of time between a resident's entry into a facility & either a) a discharge, or b) the end of the target period, whichever comes first.

BKD National Health Care Group **BKD**


LONG-STAY

- Cumulative days in facility greater than or equal to 101 days at end of target period



BKD National Health Care Group **BKD**

TARGET ASSESSMENT




- Short-stay = most recent assessment in last six months (short-stay target period)
- Long-stay = most recent assessment in last three months (long-stay target period)

BKD National Health Care Group **BKD**

LOOK-BACK SCAN


- Short-stay = all assessments in current episode (may span more than one stay)
- Long-stay = all assessments in current episode that have target dates no more than 275 days prior to target assessment



BKD National Health Care Group **BKD**

QUALITY MEASURE

- Ratings calculated using four most recent quarters data is available
- Five of MDS-based Quality Measures are risk adjusted, using resident-level covariates
 - Mobility decline
 - Catheter use
 - Long-stay pain
 - Short-stay functional improvement
 - Short-stay pressure ulcers



BKD National Health Care Group **BKD**

SHORT-STAY MDS SELECTION

- Increased independence in transfer, locomotion & walking
 - Valid initial & discharge RNA MDS
- New antipsychotic medication since initial MDS
 - All MDS in look-back scan of six months with an initial MDS
- New or worsening Stage 2-4 pressure ulcers
 - All MDS in look-back scan of six months with an initial MDS
- Self-reported moderate/severe pain or horrible pain
 - Any MDS in past six months – Interviews? Visual Aid?

BKD National Health Care Group **BKD**

LONG-STAY MDS SELECTION

- One or more fall with major injury
 - All MDS in look-back scan 275 days from last MDS
- Self-report moderate/severe pain
 - Target MDS in last three months
- High-risk resident with pressure ulcer
 - Target MDS in last three months but not initial MDS
- Residents with UTI
 - Target MDS in last three months
- Decline in ability to move independently
 - Target MDS in last three months & prior qualifying MDS

BKD National Health Care Group **BKD**

LONG-STAY MDS SELECTION

- Have/had catheter inserted & left in bladder
 - MDS in last three months
- Physically restrained
 - MDS in last three months
- ADL need increased
 - MDS in last three months compared to prior MDS
- Received antipsychotic medication
 - MDS in last three months

BKD National Health Care Group **BKD**


SHORT-STAY CLAIMS-BASED QUALITY MEASURES

- Re-hospitalized after NH Admission
- Residents who had outpatient ED visit
- Residents successfully discharged to community
 - Calculated using a full year of claims data
 - Claims-based Quality Measures also risk adjusted using items from
 - Medicare Part A claims preceded start of nursing home stay & first MDS associate with nursing home stay

BKD National Health Care Group **BKD**

FIVE-STAR RATING & NURSING HOME COMPARE

- Updated & posted quarterly*
 - Updated midmonth
 - January, April, July & October
- Claims-based Quality Measures
 - Updated every six months
 - April & October
- Preview of ratings
 - Typically generated in CASPER on third Thursday of month
 - Notices are posted when available
- Quality Measure may change overall star rating



BKD National Health Care Group **BKD**




MANAGING QUALITY MEASURES – KEYS FOR SUCCESS

BKD

KNOW WHERE YOU ARE



- Become familiar with the Five-Star Manual (January 2017) & Quality Measures Manual (April 2016)
- Know where you are
 - Facility Characteristic Report
 - Facility Level Quality Measure Report
 - Resident Level Quality Measure Report
 - MDS 3.0 Monthly Comparison Report
 - Five-Star Report
 - Case-Mix Report (if applicable)



BKD National Health Care Group **BKD**


WEBSITES TO GUIDES



- Design for Nursing Home Compare Five-Star Quality Rating System: Technical Users' Guide January 2017
- <https://www.cms.gov/medicare/provider-enrollment-and-certification/certificationandcompliance/downloads/usersguide.pdf>
- MDS 3.0 Quality Measures User's Manual Effective April 1, 2016
- <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/Downloads/MDS-30-QM-Users-Manual-V10.pdf>

UNDERSTAND, EXAMINE & MONITOR


- Know criteria for triggering a Quality Measure
- Know exclusions, risk groups or covariates for each measure
- Target MDS coding
- Understand what assessments are in play – target assessment or look-back scan
- Examine facility QI/Quality Measure processes
 - Root cause analysis
- Monitor Missing Assessment Report
- Limit use of dashes (-)





INTERVIEWS, DOCUMENTATION & PROGRAMS


- Interview processes
- ADL coding & "Rule of 3"
- Proper use of definitions for falls & restraints
- Section M & documentation of pressure ulcers
 - (Difference in HOW the measures are calculated for the different QM Programs = NHC (SS) PU QM uses M0800 & SNF QRP is calculated using M0300.)
- Effective fall, restraint & pressure ulcer management/prevention/reduction programs
- Reliable medication reference manual for coding antipsychotics – "Do I code Compazine as an Antipsych when it is being used for nausea in Section N0410A?"



USE, ENSURE & WATCH

- Active rehab & restorative programs
- Monitor all Medicare admissions, discharges & ED visits – invest in programs like **INTERACT**
- Use five-star Quality Measures as a starting point for more immediate impact
- Up-to-date RAI manual
- Ensure MDS coordinators are trained
- Quality Measure assessment – internal & external
- Watch for software “pre-population”




BKD
BKD National Health Care Group



BKD
BKD National Health Care Group

QUESTIONS?

BKD
BKD National Health Care Group



BKD, LLP is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State boards of accountancy have final authority on the acceptance of individual courses for CPE credit. Complaints regarding registered sponsors may be submitted to the National Registry of CPE Sponsors through its website: www.nasbaret.org

experience **BKD**
BKD National Health Care Group

The information contained in these slides is presented by professionals for your information only. Applying specific information to your situation requires careful consideration of facts & circumstances. Consult your BKD advisor before relying on any matters covered herein in these seminars.

BKD
BKD National Health Care Group



THANK YOU!
FOR MORE INFORMATION:
Carol Smith
csmith@bkd.com
417-624-3065 extension 21110

BKD
National Health Care Group



BKD THOUGHTWARE®
Sign up at bkd.com/subscribe

video | email | presentations | news | webinars

BKD
National Health Care Group
